



MICRONEEDLING TREATMENT

2 WEEKS PRIOR TO TREATMENT:

- DO NOT expose skin to the sun or tanning beds.
- TREATMENTS of Botox or fillers must be done 2 weeks prior to needling (or 2 weeks after) MDA & peels must be completed 3 weeks prior or 3 weeks after.
- Smoking using Nicotine patch, gum or other Nicotine products, decreases oxygen in the blood and decreases healing quality.

5-10 DAYS PRIOR TO TREATMENTS:

- STOP all AHA products, Retin A, Renovo, or Retinal on areas to be treated 5 days prior to treatment.
- DO NOT take Aspirin, Motrin, Ibuprofen, Aleve, Vitamin E, fish oils, or Ginko biloba for 10 days prior to treatment. Tylenol is OK.
- Patients CANNOT be on Coumadin or have used Accutane in the last 6 months.
- If you are prone to cold sores/herpes breakouts, start prescriptions for antiviral medications.

- Taking a supplement of Vitamin C like Emergen-C (1000 mg 2x a day) can accelerate healing and promotes new collagen.

CONTRAINDICATIONS

- A history of Bell's Palsy or Shingles, uncontrolled diabetes
- Contact dermatitis, active infections, active acne, herpes, active cold sores or warts.
- Solar Keratoses (raised lesions) or current skin cancer
- ACEI- Captopril & immunosuppressed patients. (chemo, radiotherapy or high doses corticosteroids)
- Allergies to Pirlo/Lido/Tetracaines numbing creams
- Pregnancy/Nursing