



AFTER CARE FOR MICRONEEDLING

You'll look like you have a mild sunburn & may have some swelling. There is very little down time. However, there are a FEW precautions you'll need to follow during the first few days.

- Your skin will be pink for the next 24 hours.
- NO makeup for 24 hours after treatment.
- Patient can resume normal activities (ie: exercising) after 24 hours.
- Avoid direct sunlight for 48 hours & use at least 50 SPF.
- Gently cleanse skin & pat skin dry, making sure hands are clean.
- Skin may feel tight, dry, rough texture and/or itch, this can last up to 7-10 days.
- Moisturize your skin morning and wear a hat or visor when outdoors, reapply sunblock if outdoors.
- Resume recommended skin care regime in one week.
- Patient can start using Vitamin C, Retin-A Hydroquinone after one week.
- Do not exfoliate, rub or scratch the skin at any time.
- This WILL cause damage & compromise your results & could possibly cause

scarring.

Listed are changes & improvements you can expect:

Day 1-2 (normally 24 hours)

Erythema & mild swelling subsides

Day 2-7

Increased exfoliation & dryness

1 week onwards

Improvement in texture and tone

3 weeks onwards

Improvement in pigmentation

6 weeks onward

Improvement in wrinkle/lines, scars